



# CAREER BULLETIN

Things to consider in year 11...



## Overview:

*I hope you found issue 1 of our Careers Bulletin useful and it has helped to get you motivated. In this issue we focus on decision making. Soon you will have some decisions to make and it is important to start putting a plan together now. You might be thinking about what career you would like long term or what you are going to do immediately after year 11.*

*Perhaps you're thinking about college, getting a job, apprenticeship, or attending a 6th form. You may also have to think about what subjects you will take.*

*However big or small your decision may seem we are here to support you. Let us help you make the best decision for you.*

## IN THIS ISSUE

### DECISION MAKING

### BEFORE THEY WERE FAMOUS

### EMPLOYMENT

### THINGS TO DO



**\*GCSE Exams cancelled this year**

## DECISION MAKING

### **Why is it important?**

*It is important to become more aware and reflect on how you make decisions as this will help you make decisions about your future Career*

### **Making a decision**

*Think about a decision that you have made previously, which of the following decision making techniques did you use, and did they work for you:*

*Thought about pros and cons  
Went with your gut feeling  
Talked to friends/family  
Gathered lots of facts and information  
Flipped a coin  
Go with the flow  
Do what other people want me to do  
Do what is expected of me  
Procrastinate maybe it will go away*

**Some good decision making techniques,**  
*To make a good decision you might use one or many of the following techniques.:*

*List the pros and cons of the options*

*Research all options*

*Talk to friends/family/teachers/careers adviser  
Think about what you are good at and what you enjoy*

*Imagine your future. Where do you want to be in five years time?*

## BEFORE THEY WERE FAMOUS

*Before becoming famous Welsh legend Tom Jones had his first child at the age of sixteen. In order to make ends meet, he nearly gave up his love of singing and instead started working labour jobs instead. This included a glove factory, and a short-lived construction job before he eventually got his break as a singer.*



## EMPLOYMENT

*My name is Kate Harris and I work alongside all the Careers Advisors in Torfaen to help you understand a little more about the world of work. I work closely with large and small companies locally in Torfaen but also throughout the UK. I'd like to share with you some really useful information that employers shared with me to help you understand what jobs are available and the different routes into these careers. Some of these are videos, brochures and live webinars. If you would like to know more about any of these opportunities or companies then please speak to your Careers Coordinator or Careers Advisor and I can organise for these employers to speak to you. Check out the new Careers Information section below every month to find the latest information about different careers.*



# Careers Information



*Health and Social Care  
Gwent Care Career Pathways*

**[Click here to watch a great Youtube clip](#)**

*Construction - Virtual site tours and Health and Safety*

**[Click here](#)**



*Air sector / Air apprentice*

*Career Open Events with BAE Systems*

**[Click here](#)**



*HSBC Bank*

**[HSBC Early Careers](#)**



***HSBC Live Webinars***

*HSBC Personal Branding Webinar 14th January* **[Click here to register](#)**

*HSBC Career routes 4th February* **[Click here](#) to register**

*HSBC Application Hints and Tips 11th March* **[Click here to register](#)**

*HSBC Interview Techniques 22nd April* **[Click here to register](#)**

# Things to do...

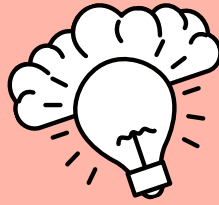


## HAVE A GO AT YOUR OWN PROS AND CONS LIST

*Here's an example for you*

### PROS

- *I enjoy learning*
- *I am good at exams*
- *If I do well I will be able to get into University to do the course I want to do*
- *I can do them at my local college which I could walk to*
- *My family will support my ideas*
- *Three A Levels keep my options open in case I change my mind from Nursing*
- *Excellent facilities at the college*
- *I can make new friends*



### CONS

- *I think I might find A Levels difficult*
- *I am not sure which three to choose as there are more than three subjects that I like*
- *I won't earn any money whilst doing A levels*
- *I will miss the security of being at school with my friendship group*
- *I will have to get to know my new teachers*

## PRACTICE YOUR WELSH FOR THE WORKPLACE

Cymraeg

**Bore da** - Good morning

**Prynhawn da** - Good afternoon

**Noswaith dda** - Good evening

## FOR FURTHER ADVICE AND SUPPORT: CONTACT LISA THORNTON



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**NEXT MONTH:** Self awareness